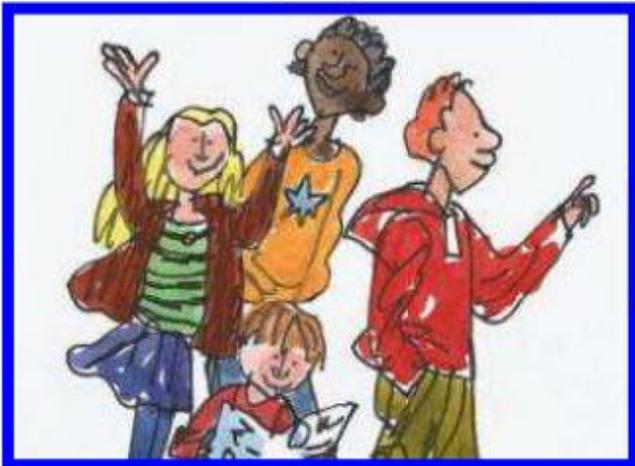


# Using Restorative Practice at Home

Restorative Practice is part of everything we do at Riverside Primary School. It is a philosophy that guides the way we act in all our dealings. The aim of Restorative Practice is to develop community and to manage conflict and tensions by repairing harm and building relationships. It is about a fair process, allowing everyone the opportunity to freely express their emotions. It is about always encouraging wrongdoers to take responsibility for harming others.

It can be used anywhere and adapted for use at home.



*'Working with each other to resolve conflicts.'*

You can use restorative questions to talk through any problems or arguments that occur. It is important for the adult to stay calm and influence the mood of everyone present. Questions should be asked to everyone involved so that a discussion is developed and the questions will encourage everyone to think about their feelings, the feelings of others and ways to move forward.



*Sharing Feelings*

It is a good idea to check in with each other every day. This is as simple as sitting down together and everyone having the opportunity to express how they feel and talk about their day. You could ask questions like...

How are you feeling?

What was the best part of your day?

What made you happy today?

Remember...everyone should be involved if possible and everyone should have the chance to express how they feel or give comments.



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